

Sales Cycles Tracking Spreadsheet

Store		CVS	Weekly ad date	07/04/15	
Item to track	Weekly Store Special	Sale price	Final OOP Cost with discounts	Cycles How often?	
Toothpaste	Colgate Total Advanced Toothpaste 4oz	\$3.00	FREE	2	
Toothbrushes	Colgate Extra Clean toothbrush	\$0.99	FREE	3	
Cereal	Kellogg's Raisin Bran or GM Cheerios	\$1.88	\$1.38	4	
Canned sodas	12-pack Pepsi or Dr Pepper Products, Limit 4	4/\$12	\$10.00	6	
Dish soap	Dawn 9-oz dish liquid	\$0.99	\$0.74	3	
Facial tissue	Puffs, 48 or 56 sheets	\$0.99	\$0.74	3	
Diapers & Wipes	Pampers Diapers Jumbo Pk	\$8.99	\$5.99	2	
	Pampers Wipes, 168-192-ct	\$6.99	\$6.49		
Feminine Hygiene	Tampax Pearl, radiant tampons	\$3.99	\$1.99	4	
	Always Infinity, radiant pads				
Haircare	Pantene shampoo, conditioner 12-16.9-oz or styler 6.6-11.5oz	3/\$12	3/\$7	4	
Mouthwash	Crest Pro-Health 1-liter bottle	\$5.99	\$3.99	2	
Deodorant	Select Secret, Old Spice, Gillette deodorant	see store	varies	6	
	Buy 1, get 1 50% off	for prices			
Razors	ANY Gillette or Venus Shaving System,	see store	varies	12	
	Spend \$30 get \$10 ECBs	for prices			
Paper Towels	Bounty 12-pk paper towels	\$9.99	\$9.74	8	
Toilet paper	Charmin Ultra Strong or Ultra Soft 16pk	\$9.99	\$9.74	8	
	Tide liquid 19-32 loads	\$4.94	\$3.94		
Laundry Detergent	Xtra liquid laundry detergent	\$1.49	\$0.99	10	

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